



From the Principal's Desk

As we continue on our educational journey, I want to take a moment to reflect on a crucial aspect of student success: self-discipline. In today's fast-paced world, it's easy to get distracted and lose focus. However, by cultivating self-discipline, our students can unlock their full potential and achieve their goals.

What is Self-Discipline?

Self-discipline is the ability to regulate one's behavior, stay focused, and persevere through challenges. It's about setting priorities, managing time, and making responsible choices. Self-discipline is not about restriction, but about empowerment.

Why is Self-Discipline Important?

Self-discipline helps students:

- Develop good study habits and time management skills
- Set and achieve goals
- Build resilience and perseverance
- Make healthy choices and prioritize well-being
- Cultivate a growth mindset and embrace challenges

How Can We Foster Self-Discipline?

As educators and parents, we can:

- Model self-discipline ourselves
- Encourage goal-setting and planning
- Provide opportunities for students to take ownership of their learning
- Teach time management and organization skills
- Offer support and guidance while encouraging independence

Conclusion

Self-discipline is a muscle that can be developed with practice, patience, and persistence. By instilling self-discipline in our students, we equip them with the skills to succeed not only in academics but also in life. Let's work together to help our students unlock their full potential.

**Contributed by - Ms. Aisha S,
Principal, RIA Horamavu**

Quote of the month

*"The environment is where we all meet; where we all have a mutual interest; it is the one thing all of us share."
– Lady Bird Johnson*

Value of the Month

Environmentalism is more than just a value; it's a commitment to preserving and protecting the natural world for current and future generations. As our world faces numerous environmental challenges, fostering a sense of environmental responsibility is crucial. This month's focus on environmentalism aims to educate, inspire, and engage everyone in making positive changes for our planet.



Editorial Committee:

Ms. Aisha S, Principal

Ms. Pushpa Komala, Teacher

Ms. Somalika Dey, Teacher

EVENTS AND ACTIVITIES AT SCHOOL

Assembly Highlights

Our Respected CEO Mr. Ryan sir Birthday celebration.

The program began with a heartfelt welcome song by our school choir, followed by a mesmerizing dance performance by our students. The energy and enthusiasm were palpable as they performed with passion and dedication.

Next, our teachers dedicated soulful renditions of a popular song, accompanied by impressive instrumental performances. The atrium was filled with joy and cheerfulness.

Environmentalism Assembly A Call to Action.

This month, our school assembly focused on the critical theme of environmentalism, emphasizing the importance of protecting our planet for future generations. The assembly was a resounding success, with engaging performances and thought-provoking presentations.

Students Shine in Environment-Themed Skits!

Today, our talented students took to the stage to raise awareness about the importance of protecting our environment through a captivating skit. The theme, "Save the Planet, Save Ourselves," resonated deeply with the audience.

The students showcased their creativity and conviction through impressive acting. The skit highlighted pressing environmental issues, such as pollution, deforestation, and climate change, and emphasized the need for collective action.

The skit conveyed a clear message: our actions have consequences, and it's up to us to make a positive impact on the environment. The students' passion and dedication to the cause were evident throughout the performance.

We commend our students for using their talents to raise awareness about this critical issue. May their performance inspire us all to take action and make a difference in protecting our planet!

Here's a sample write-up on a dance performance on environmentalism:

"Mother Earth's Lament" - A Powerful Dance Performance on Environmentalism.

Our talented students took to the stage to deliver a captivating dance performance that conveyed the urgent need for environmental conservation. The theme, "Mother Earth's Lament," resonated deeply with the audience.

We commend our students for using their art form to raise awareness about environmentalism. May their performance inspire us all to take action and protect our planet!

Academic Activities



Math Activity

We believe that fostering a love for mathematics from a young age is essential for developing critical thinking and problem-solving skills. Our recent math activities for grades I to VI have been designed to make learning both fun and educational, ensuring that our students develop a strong foundation in mathematics.

Grade I and II: Our youngest students participated in a series of hands-on activities that introduced basic math concepts through play. Using colorful manipulatives, they explored counting, addition, and subtraction.

Grade III and IV: Students in these grades delved deeper into math concepts with interactive games and puzzles. These activities helped students visualize and better understand abstract math concepts.



ELEP (English Language Enrichment Program)

Enhance Your English Skills with Our Enrichment Program!

Our English Language Enrichment Program is designed to help students take language skills to the next level! The ELEP continued to enrich students' language skills through interactive sessions, literature studies, and writing exercises. Students gained confidence in expressing themselves fluently and effectively in English, preparing them for academic success.

Program Highlights:

- Interactive classes with experienced instructors
- Personalized feedback and guidance
- Focus on grammar, vocabulary, reading, writing, and speaking skills

Academic Activities

- Engaging activities, discussions, and projects
- Opportunities to practice with peers and build confidence

Benefits:

- Enhanced language proficiency
- Improved communication skills
- Increased confidence in using English
- Better academic and career opportunities
- Expanded social and cultural connections



Activities

Skill Enrichment Activity: Making a Litter Box

Students from grade V at Ryan International Academy, Horamavu, engaged in a skill enrichment activity by creating litter boxes as part of their lesson on pollution.

Learning Objective: This hands-on project aimed to instill environmental responsibility and awareness among the students. By crafting litter boxes, students learned the importance of proper waste management and its impact on reducing pollution. The activity encouraged creativity, teamwork, and problem-solving skills while highlighting the significance of keeping their surroundings clean. Overall, this initiative served as a practical step towards fostering a cleaner environment and developing conscientious future citizens.



Activities

Experiment: Yardstick Activity (Nutrition in Food)

Students from grade VI performed simple tests to identify carbohydrates, proteins, and fats in various foods.

Carbohydrates: Use iodine solution to test for starch. Foods like potatoes or bread will turn blue-black if starch is present.

Proteins: Use the Biuret test by adding sodium hydroxide and copper sulfate to food samples. A violet color indicates the presence of protein.

Fats: Perform a paper towel test. Rub food on a paper towel; if it leaves a translucent stain, it contains fat.

Learning Outcomes: Students will learn to identify and understand the presence of different nutrients in foods, recognize their importance in a balanced diet, and develop basic laboratory skills.

Experiment on solubility and saturation of liquid

Define solubility and saturation: Understand the concepts of solubility, saturation, and unsaturation, and explain the differences between them.

Identify factors affecting solubility: Recognize how temperature, pressure, and solvent properties influence the solubility of substances.

Determine solubility limits: Measure and calculate the solubility of various substances in different solvents, understanding the maximum amount that can dissolve.

Differentiate between saturated and unsaturated solutions: Identify and explain the characteristics of saturated and unsaturated solutions, including appearance, concentration, and solubility.

Apply scientific vocabulary: Utilize terminology related to solutions, solubility, and saturation, enhancing scientific communication and understanding.

Develop scientific skills: Practice laboratory techniques, such as measuring, mixing, and observing, to prepare students for future scientific investigations.

Analyze data and draw conclusions: Interpret data from experiments, identifying patterns and relationships between variables, and drawing conclusions about solubility and saturation.

Relate solubility to real-world applications: Connect the concepts of solubility and saturation to everyday examples, such as medicine, food, and environmental science.

Diving into the world of solutions!

Our grade VI students explored the fascinating realm of solubility and saturation, discovering the limits of liquid love. They investigated how different substances dissolve (or don't!) in various solvents, creating solutions that are either saturated or unsaturated. By experimenting with varying concentrations, they grasped the concept of solubility limits and the impact on solution formation. It was a day of mixing, measuring, and marveling at the wonders of liquid chemistry!

Activities



Sum of the Day

Sum of the day-To practice and reinforce the skills of addition and subtraction in a fun and interactive way. While doing the activity students feel encouraged, they want to be the first five. Above all they feel a sense of accomplishment.

Vocal Music

One of the exciting aspects of our vocal music curriculum is the opportunity to participate in choir and solo performances. These experiences help us build confidence, teamwork, Singing together in a choir teaches us how to listen and harmonize with others. In our lesson we've been exploring different songs- I got peace like a River, Am so Happy, kaun Hai. And also teaching children Breath control and vocal warmup exercises to make them to Sing with proper pitch and timing.

Dance Song – Levitating Dua Lipa – Grades I to III

Goal: Encourage fun, creativity, and basic coordination.

After warm up exercises, the teacher shows the steps where students copy.

One student leads, and others follow their moves. After 20 minutes, deep breaths: inhaling and exhaling holding breath for 2 seconds.

Encourage Creativity: Allow kids to add their own flair to each move.

Positive Reinforcement: Praise effort and enthusiasm.

Physical Health: Improved fitness, flexibility, and strength.

Emotional Well-being: Enhanced self-esteem and a sense of accomplishment.

Social Skills: Better teamwork, communication, and friendships.

Cultural Awareness: Exposure to diverse dance styles and cultural traditions.

Dance Song – Kerala Boat Dance Style – Fusion Grades I to III

Fusion dance combines elements from various dance styles, creating a dynamic and engaging experience for young dancers. The program for grades IV to VI is designed to introduce students to the

Activities

fundamentals of multiple dance genres, fostering creativity, coordination, and confidence.

Objectives:

Enhance physical fitness, flexibility, and strength through dance exercises and routines.
Encourage self-expression and creativity through improvisation and choreography.

Build teamwork and social skills through group activities and performances.

Encourage students to explore their creativity through guided improvisation.

Use prompts and themes to inspire movement.

Allow students to share their unique dance expressions with the group.

In-Class Showcases: Regular opportunities for students to perform their routines in front of their peers, building confidence and stage presence.

Physical Health: Improved fitness, flexibility, and strength.

Emotional Well-being: Enhanced self-esteem, stress relief, and a sense of accomplishment.

Social Skills: Better teamwork, communication, and friendships.

Cultural Awareness: Exposure to diverse dance styles and cultural traditions.

Events

Ryan Sir's Birthday- Grades I to VI

We were thrilled to celebrate the birthday of our esteemed CEO Ryan Sir at our School this month. The day was filled with excitement, joy, and a strong sense of community as students and staff came together to honour and appreciate our CEO Ryan Sir's contributions to our school.

Highlights of the Celebration:

- **Grand Assembly:** The festivities began with a special assembly in the school atrium. Students from various grades performed songs, dances, and skits, all dedicated to our CEO. Their performances showcased their creativity and enthusiasm, setting a festive tone for the day.
- **Heartfelt Speeches:** Principal and teachers delivered heartfelt speeches, sharing their experiences and expressing gratitude for the CEO's leadership and vision. These touching tributes highlighted the positive impact our CEO has had on the Ryan School community.
- **Classroom Activities - Pet Story:** Students of grade I and II delighted everyone with their "Pet

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Story" presentations. Each student shared a story about their pets, showcasing their storytelling skills and love for their furry friends. This activity not only entertained but also helped students improve their public speaking abilities.

- **Spell Bee Competition:** A spell bee competition was held, where students of grades III to V displayed their impressive spelling skills. The friendly competition encouraged learning and was enjoyed by participants and spectators alike.
- **Math Puzzles:** Students of grade VI also engaged in a math puzzle challenge, solving various puzzles that tested their problem-solving abilities and critical thinking skills. The activity was both fun and educational, highlighting the students' mathematical talents.

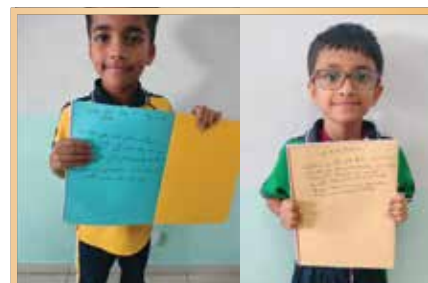
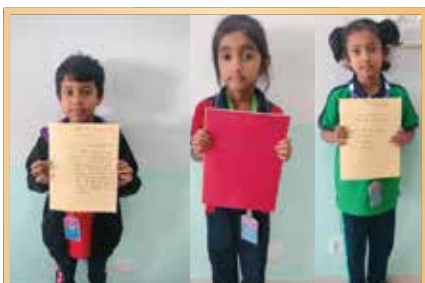
The CEO's birthday celebration at Ryan School was a resounding success, filled with cherished memories and a renewed sense of community spirit. We are grateful for our CEO's unwavering dedication and leadership, and we look forward to many more such joyous occasions in the future.



International Plastic Bag Free Day – Grades I to VI

Paragraph Writing on 'Say No to Plastic': Students of grades I to V participated in a paragraph writing competition where they expressed their thoughts and ideas on the theme 'Say No to Plastic'. The competition encouraged students to think critically about the environmental issues caused by plastic pollution and to propose sustainable solutions. The winning paragraphs were displayed on the school notice board, showcasing the students' creativity and commitment to the cause.

Inter-House Slogan Writing Competition: An inter-house slogan writing competition was held, where students of grade VI from different houses competed to create the most impactful and catchy slogans promoting the reduction of plastic usage. The competition fostered a sense of teamwork and healthy rivalry among the students. The best slogans were awarded and displayed prominently around the school to remind everyone of the importance of saying no to plastic.



Events

Environment Week – Grades I to VI

Ryan School recently celebrated Environment Week with a series of engaging activities focused on promoting sustainability and environmental awareness. The week-long event was filled with educational and creative initiatives that inspired students to take action in protecting our planet.

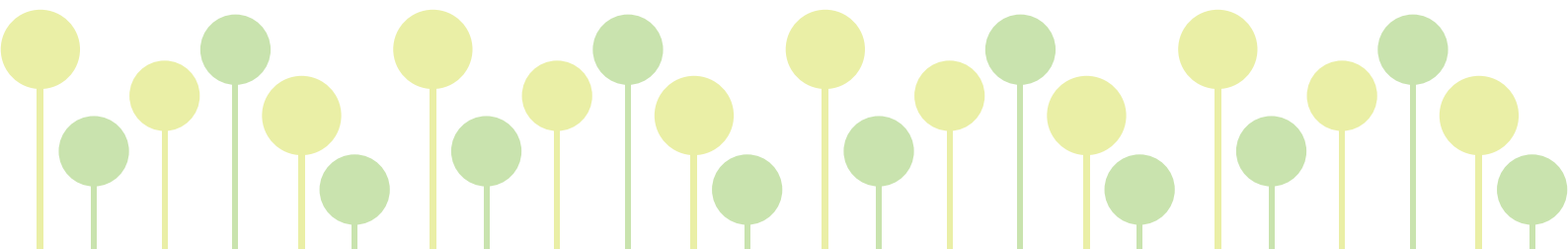
Nature Art: Students of grade I and II showcased their artistic talents in a nature art activity. Using natural elements like leaves, twigs, and flowers, they created beautiful artworks that highlighted the beauty of the environment. This activity not only encouraged creativity but also helped students appreciate the natural world around them.

Community Clean-Up: A community clean-up drive was organized, bringing together students of grades III and IV. Armed with gloves and trash bags, the Ryan School community collected plastic waste and other litter, demonstrating their commitment to maintaining a clean and healthy environment. This hands-on activity fostered a sense of responsibility and teamwork among participants.

Eco-Friendly Crafts: Students of grade V participated in eco-friendly craft sessions where they created useful items and decorative pieces using recycled materials. From paper mâché to recycled plastic bottle planters, the crafts highlighted the importance of reusing and repurposing materials. These sessions emphasized the significance of reducing waste and finding creative ways to recycle everyday items.

Environmental Workshops:

- **Recycling Workshop:** Students of grade VI attended workshops on recycling, where they learned about the importance of waste segregation and how to properly recycle different types of materials. The workshops provided practical knowledge and encouraged students to implement recycling practices at home and school.
- **Reducing Carbon Footprints:** An environmental workshop focusing on reducing carbon footprints was conducted. Students explored the impact of carbon emissions on the planet and discussed ways to minimize their carbon footprints through sustainable practices such as using public transportation, conserving energy, and supporting renewable energy sources. The workshop emphasized the importance of individual actions in combating climate change.



Events

World Population Day – Grades III to VI

11th July marks World Population Day, a global observance that raises awareness about population growth, sustainable development, and the impact of human activity on the environment.

Slogan Writing Competition:

Students of grades III to V wrote a catchy slogan that highlights how to overcome population and students of grade VI made a poster highlighting population awareness and sustainable development.



National Parents Day – Grades I to VI

In a heartfelt celebration of National Parents' Day, Ryan School organized a series of engaging activities across different grades to honor the invaluable role of parents. For grade I and II, a colorful Drawing Competition was held, allowing our youngest students to express their love and appreciation for their parents through creative artwork. The imaginative drawings beautifully captured the essence of family bonds.

Students in grades III to V participated in an Essay Writing Competition, where they penned thoughtful essays reflecting on the significance of their parents' love and support. Their insightful words highlighted the deep gratitude and admiration they hold for their parents.

Grade VI students took part in a Poem Writing Competition and wrote heartfelt Gratitude Letters to their parents. The poems were filled with emotion and creativity, while the gratitude letters provided a personal touch, allowing students to express their sincere appreciation and love.

This National Parents' Day event not only celebrated the importance of family but also fostered creativity and expression among our students, making it a memorable and meaningful day for everyone involved.



Events

International Tiger Day – Grades III to VI

Global Tiger Day is celebrated every year on 29th July as a way to raise awareness about this magnificent but endangered big cat. The day was founded in 2010, when the 13 tiger range countries came together with a global goal to double the number of wild tigers by the year 2022.

Students of grades I to VI participated in Elocution Competition on various competitions on the topics: Stand Strong for Tigers, Roar for Change! Tiger Conservation: A Global Commitment! and The Impact of Climate Change on Tiger Habitats.



International Friendship Day – Grades I to VI

In honor of International Friendship Day, our young poets from grades I to V showcased their creativity and heartfelt emotions in a Self-Composed Poetry Competition. The theme, "My best friend is the one who brings out the best in me," inspired our students to reflect on the true essence of friendship. Through their poems, they beautifully expressed how their best friends support, encourage, and bring joy into their lives. Each poem was a testament to the deep bonds our students share and their understanding of what makes a true friend.

Interclass Friendship Collage Making Our grade VI students participated in an engaging Interclass Friendship Collage Making activity. The theme, "Qualities of a Good Friend," allowed them to explore and illustrate the traits that define a great friend. Through collaborative efforts, they created a vibrant collage that highlighted qualities such as kindness, loyalty, trustworthiness, and empathy. This activity not only fostered teamwork and creativity but also deepened their appreciation for the value of friendship.

Celebrating Together Both activities were a wonderful celebration of friendship and the positive impact friends have on our lives. The students' enthusiasm and participation were truly heartwarming. At Ryan School, we believe that nurturing friendships is an essential part of personal growth and development. Events like these help our students to build strong, supportive relationships that bring out the best in each other.

We are incredibly proud of all our students for their creative expressions and collaborative spirit.



Events

Innovation Academy: Where Creativity Meets Ingenuity

Our school's Innovation Lab has been buzzing with excitement as students bring their imagination to life by creating innovative models. This cutting-edge program encourages students to think outside the box, design, and build prototypes that showcase their creativity and problem-solving skills.

Student Creations Take Center Stage

From sustainable buildings to futuristic vehicles, our students have designed and crafted an impressive array of models. These projects not only demonstrate their understanding of complex concepts but also highlight their ability to collaborate, think critically, and push boundaries.

Empowering Future Changemakers

Through this program, we aim to equip our students with the skills, knowledge, and confidence to become the innovators and leaders of tomorrow. By celebrating creativity, perseverance, and ingenuity, we inspire our students to make a positive impact in their communities and the world at large.



Sports

The past month has been a thrilling time for sports enthusiasts at Ryan School. Our students have shown remarkable energy, teamwork, and sportsmanship across various activities, making this season one of the most exciting yet!

Skating: Our young skaters took to the rink with enthusiasm and skill. It was wonderful to see their dedication during practice sessions. The students showcased their agility and balance, earning applause from both peers and coaches. We're incredibly proud of their progress and look forward to seeing them glide to new heights.

Futsal: The futsal matches were a highlight, with students displaying exceptional coordination and quick thinking on the court. The teams worked together with a spirit of camaraderie, making every match a display of strategic play and athletic prowess. The games were not only competitive but also a great learning experience, helping our students sharpen their skills in a fast-paced environment.

Cricket: Our cricket teams have been equally impressive, demonstrating strong batting, bowling, and fielding abilities. The matches have been intense, with students showing great determination and focus.

Events

The enthusiasm for cricket at our school continues to grow, and it's clear that we have some future stars in the making.

General Sports Activities: Beyond these specific sports, our school has been bustling with various other physical activities. From athletics to team sports, students have been actively participating, keeping fit, and having fun. The emphasis on physical education at Ryan School is not just about competition, but also about fostering a lifelong love for staying active and healthy.



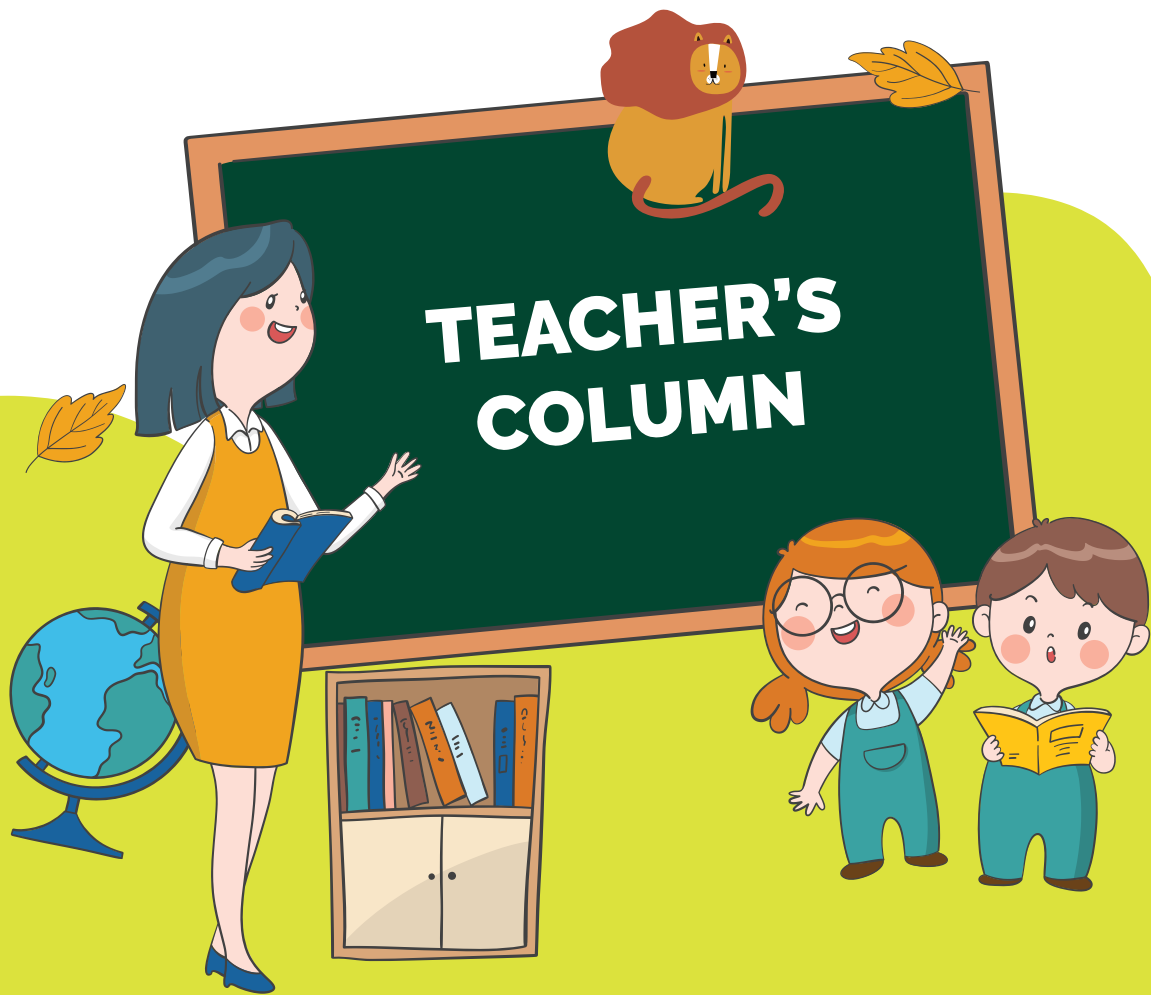


PARENT'S CORNER

Ryan International Academy Horamavu is one of the best schools that we have in and around Horamavu. The teachers are highly qualified and dedicated and go the extra mile to ensure each student's success. The curriculum is engaging and comprehensive, providing a quality education. The school also offers a wide range of extracurricular activities, allowing students to explore their interests and talents beyond the classroom. The facilities are modern and well-maintained. I highly recommend this school to any parent seeking an exceptional education for their child.

Speaking with experience it's a great school the teachers are well qualified and the principal is also very kind and responsive to any of my Queries , I've noticed that the staff has a good work ethic and work culture this is important because our kids learn from people around them and we want them to pick up all these good traits. Academic and sports wise also the school is fine. I'm happy with my son's grades and he too is happy with the school and his classmates. Knowing that my child is in a safe place getting a good education around good people gives me peace of mind and as a parent that's all I want.





July was a remarkable month filled with both academic pursuits and environmental consciousness. We commenced the month with a joyous celebration honoring our esteemed CEO Ryan Sir's birthday, whose inspiring leadership continues to propel us forward.

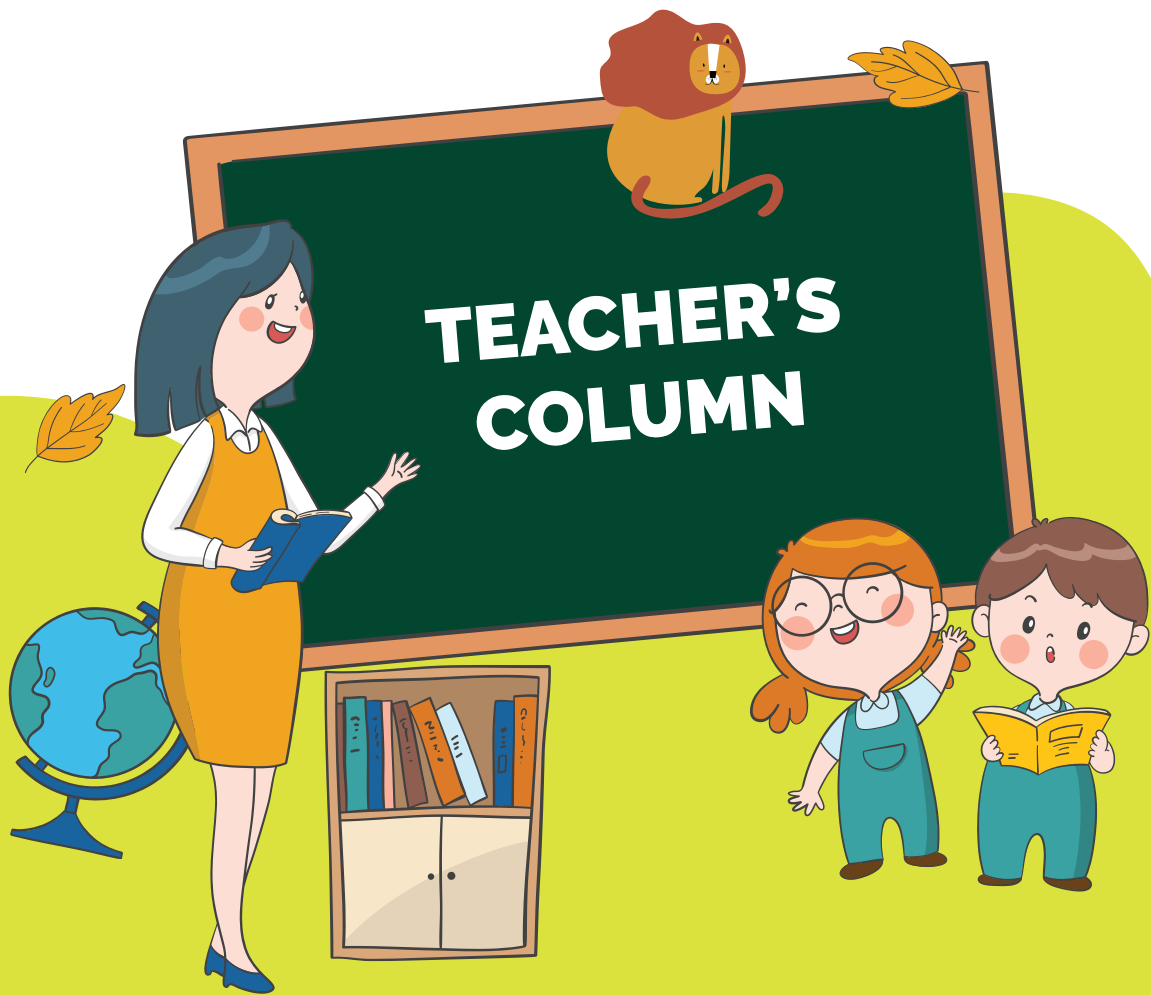
Concurrently, we immersed ourselves in intensive preparations for the crucial PT-1 examinations. The entire team worked diligently to ensure our students were well-equipped to excel. Their hard work and dedication were truly commendable.

Beyond academics, we embraced the spirit of environmental stewardship by actively participating in Environment Week celebrations. We also marked Tiger Day with informative sessions and awareness campaigns to highlight the importance of wildlife conservation.

As we move forward, we carry the positive energy and accomplishments of July with us. Let's continue to strive for excellence, both academically and environmentally.

**Ms. Somalika Dey,
Science - Teacher**

As we move through another exciting school year, I am filled with pride and admiration for the growth and achievements of our students. Each day, I witness their curiosity, determination, and eagerness to learn, which continues to inspire us all. Whether it's through academics, sports, or creative arts, our students are constantly developing their knowledge and skills, preparing themselves to be the leaders of tomorrow.



This month, we also had the joy of celebrating the birthday of our esteemed CEO. It was a moment of reflection and gratitude for the incredible leadership and vision that have guided our school towards excellence. The celebrations were a testament to the strong sense of community we share here at Ryan School, where each member—students, teachers, and staff—contributes to our collective success.

As we look ahead, I encourage everyone to continue striving for excellence, supporting one another, and making the most of the opportunities that lie ahead. Together, we will continue to learn, grow, and achieve great things.

**Ms. Pushpa Komala,
Teacher - Grade II**

Upcoming Events

- Friendship Day
- World Elephant Day
- Independence Day
- Tirangaa
- Raksha Bandhan
- National Sports Day
- Founder's Day

